





a message from our

Chairperson and President & Chief Executive Officer

On behalf of Cornwall Community Hospital (CCH), we are pleased to present our 2022-2023 Annual Report: Road to Recovery.

This past year, our CCH teams have been hard at work towards restoring and enhancing access to care as guided by our new 2022-2027 Strategic Plan. The plan identifies the following priority areas for action: Recovery, People & Integration.

Throughout this report, you will find stories of resilience, perseverance, and innovation, as we showcase the incredible achievements of our hospital over the past year. We are immensely proud of our dedicated healthcare professionals who stepped up to ensure we could meet the needs of our community as we recover from the pandemic.

We also express our deep appreciation to the community and other stakeholders for their support and strong partnerships.

We are proud of the progress we have made and are excited about the opportunities that lie ahead as we continue to work together towards our shared goals.

Sincerely,



Josée Payette Chairperson, Board of Directors



Jeanette Despatie President & Chief Executive Officer

2022-2023 BOARD OF DIRECTORS

· Chair: Josée Payette

• First Vice-Chair: Yvonne Bakker

• Second Vice-Chair: Alice Wilson-Haramis

• Secretary: Jeanette Despatie

ELECTED DIRECTORS:

- Isabel Blanchard
- Josh Eamon
- Suzanne Farag
- · William Knight
- Kristen MacDonell
- Dale McSween
- Shawna Spowart
- Lori Tarbell
- Deborah Tropea

APPOINTED DIRECTORS:

- · Chief of Staff: Dr. Anastasios Boubalos
- President of Medical Staff:
 Dr. Akram Arab / Dr. Neil Davis
- Vice-President of Medical Staff:
 Dr. Neil Davis / Dr. Olugbenga Dehinbo
- Auxiliary President: Lorna Grant
- Chief Nursing Executive: Linda Gravel



OUR 2022-2027 STRATEGIC PLAN

LEADING INNOVATIVE TRANSFORMATION



OUR VISION:

Exceptional Care. Always.

OUR MISSION:

Our Team collaborates to provide exceptional people-centered care.

OUR ICARE VALUES:

Integrity: We will act with honesty and demonstrate strong moral principles.

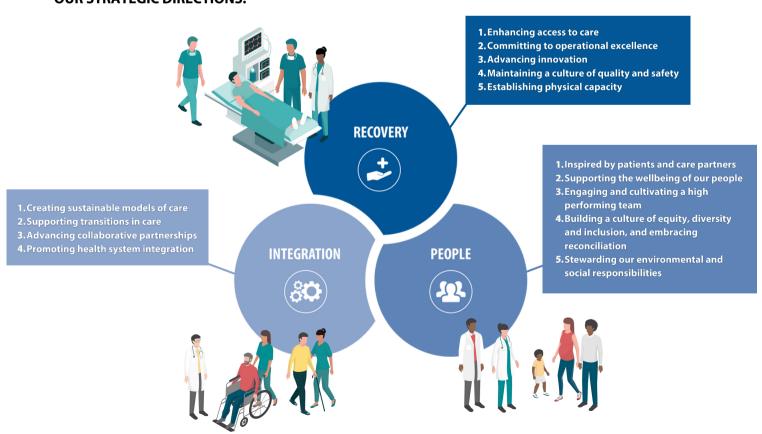
Compassion: We will care for all people with empathy and kindness.

Accountability: We will take responsibility for our words, our actions and our results.

Respect: We will treat everyone with dignity and recognize the individuality and inherent value of all people.

Engagement: We will create a trusting environment that encourages teamwork.

OUR STRATEGIC DIRECTIONS:

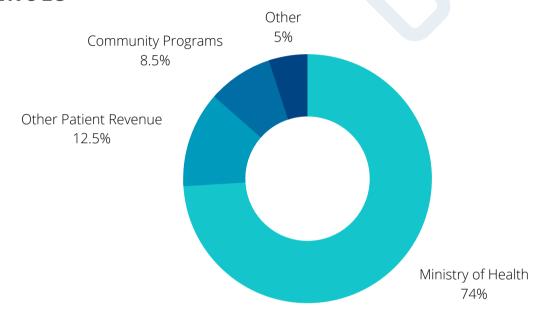


OPERATING STATEMENT (UNAUDITED DRAFT)

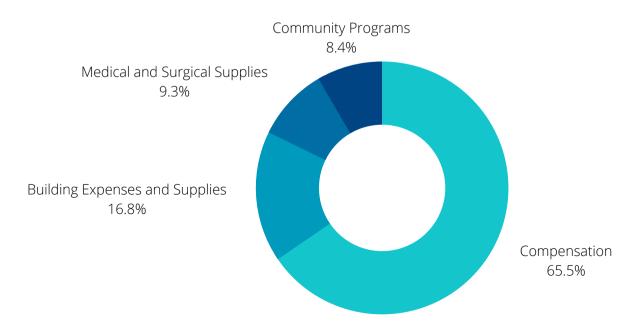
Fiscal Year: April 1, 2022 - March 31, 2023

REVENUES: \$169,210,146EXPENSES: \$170,760,178

REVENUES



EXPENSES



EXCEPTIONAL CARE, BY THE NUMBERS



51,293 Emergency Visits



100,499
Diagnostic
Imaging Tests



54,185 Day Clinic Visits



7,295
Inpatients
64,348
Total inpatient days



7,619
Surgeries
5,852 Outpatient
1,767 Inpatient



59,690 Community Addiction & Mental Health Visits



1,974 Chemotherapy Treatments



8,335
Dialysis
Treatments

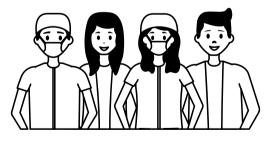


1,213
Sexual Assault &
Abuse Visits



585 Births

OUR TEAM, BY THE NUMBERS



1,304

Employees & 190 Credentialed Physicians



New Hires
33 Retirements

245



New Physicians

30



222 Nursing & Paramedic Students



187 Volunteers 103 Auxiliary Members





RECOVERY



CCH Releases 2022-2027 Strategic Plan

Cornwall Hospital released its 2022-2027 Strategic Plan in April 2022 following several months of engagement with stakeholders and partners. Titled "Leading Innovative Transformation," the plan identifies the following priority areas for action: Recovery, People & Integration. The new Strategic Plan positions the hospital to deliver on a strong post-pandemic recovery, prioritizes the wellbeing of its people (including everyone from staff, physicians, patients, volunteers and caregivers), and promotes regional health system integration to better meet the healthcare needs of our community.

Enhancing Access and Reducing Wait Times

While 2020-2022 largely saw hospitals including CCH responding to the needs of the COVID-19 pandemic, which included ramping down non-urgent and scheduled procedures to preserve capacity, 2022-2023 brought recovery efforts. Thanks to a creative and dedicated team of staff, physicians and leaders guided by the hospital's new Strategic Plan, wait times in 2022-2023 began to improve and stabilize. Today the hospital's operating rooms are again busy and bustling and wait times for non-urgent surgeries as well as diagnostic imaging and cardio-respiratory testing are beating provincial targets in many instances.

New Acute Stroke Unit Opens

In June 2022, CCH opened a new Acute Stroke Unit for patients with a stroke diagnosis requiring hospital admission. The unit houses 10 new beds and is staffed by a specially trained and multidisciplinary team of doctors, nurses, therapists, and others, who work with stroke patients and their families to determine the next steps for recovery. On June 20, 2022, local stakeholders, partners and dignitaries from the Champlain Regional Stroke Network and the City of Cornwall attended an official ribbon cutting ceremony of the new Acute Stroke Unit. As a District Stroke Centre within the Champlain Regional Stroke Network, CCH is the hub for patients in Eastern Champlain requiring stroke care.

Short-Term Crisis Safe Bed Program Launches in Cornwall

Community Addictions and Mental Health Services at CCH partnered with Riverview Manor, Cornwall Police Service, Akwesasne Mohawk Police Service, and the Ontario Provincial Police of Stormont, Dundas and Glengarry (SDG) and Prescott-Russell to open a first-of-its-kind Safe Bed Program in Cornwall, thanks to support provided by the Ministry of Health. A partially renovated section at Riverview Manor now houses 6 new beds to provide people from Cornwall, SDG, Prescott-Russell and Akwesasne, who are at least 16 years old, with safe accommodations and on-site 24/7 support services as an alternative to hospital admission or detention if they are experiencing a mental health or substance use crisis and are subject of a police inquiry. Minister of Health Sylvia Jones visited CCH on September 17, 2022, to announce funding for the new program alongside hospital representatives and provincial and community partners.



RECOVERY



New Technology for Inpatient Surgery Unit

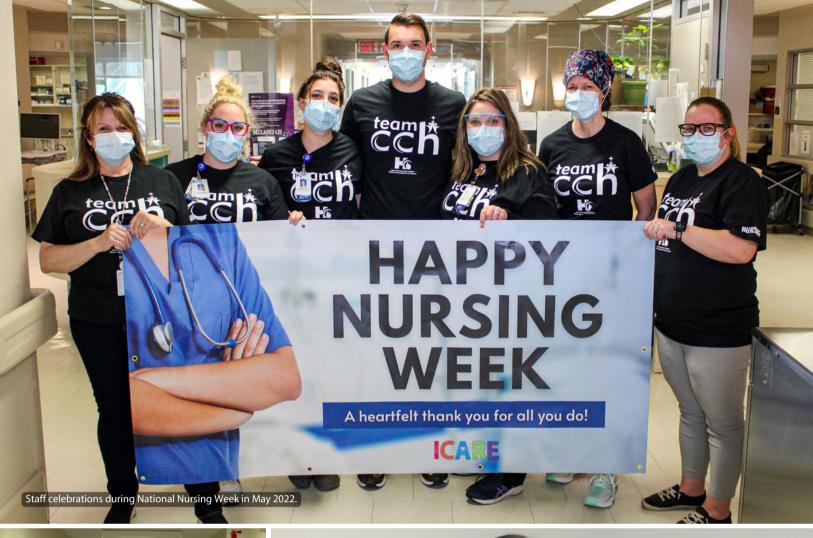
In the fall of 2022, the Inpatient Surgery Unit at CCH was equipped with new high-tech Masimo wearable patient monitors to allow greater patient mobility during recovery and continuous monitoring of post-operative patients, particularly those at high risk of respiratory complications from anesthesia or breathing disorders such as obstructive sleep apnea. The new monitors work by having patients wear a lightweight and wireless device on their arm. Using Bluetooth and Wi-Fi technology, signals are transmitted from the device on the patient's arm to a main unit mounted at the bedside or on a trolley. With continuous wireless monitoring functionality, staff are alerted of critical changes in oxygen saturation, pulse rate, blood pressure, and respiration no matter where they or their patients are located. The wireless monitors also eliminate the need for clinicians to disconnect the patient each time they get out of bed. The monitors will maintain continuous communication with the hospital's electronic health record, ensuring up to date information support for staff and physicians on the care team. Nearly 25 new wearable Masimo monitors were installed on the hospital's Inpatient Surgery Unit.

New Hospital Food Menu Launches for Patients

In September 2022, CCH introduced an entirely new food experience for patients with the Comfort Kitchen menu developed by Compass One Healthcare. Comfort Kitchen meals are cooked in-house from scratch using fresh, whole ingredients to increase nutritional intake and appetite. Patients now also have the ability to choose from a daily menu of options. Who ever said hospital food couldn't be good?

New Blood Monitoring System Simplifying Bloodwork for Community Addiction and Mental Health Services Clients

Almost 30% of people diagnosed with schizophrenia are known as treatment resistant. Clozapine is a type of medication which is usually taken by these patients; however, a side effect of taking Clozapine is that it can cause a small risk of Neutropenia (occurs when you have too few neutrophils, a type of white blood cell) and weekly bloodwork is required for monitoring neutrophil levels in these patients. Weekly lab visits, wait times and needles are often barriers for patients on Clozapine or those considering whether they should take the medication. Last year, our Assertive Community Treatment Team introduced a new device called the CSAN Pronto, which allows clients with treatment resistant schizophrenia who take Clozapine to have their neutrophil levels monitored using only a drop of capillary blood – similar to how one would monitor blood sugar levels for diabetes. The test is performed by appointment at our Community Addiction and Mental Health Centre instead of a laboratory.









PEOPLE



CCH Unveils New Professional Practice Model

Following several months of engagement with clinical staff and physicians, CCH unveiled its first Professional Practice Model (PPM) titled "The Heart of Exceptional Care" during National Nursing Week in May 2022. The PPM is a framework that defines how nurses and other clinical staff at CCH practice, collaborate, communicate, and develop professionally to provide the highest-quality care in accordance with the hospital's mission, vision and values.

New Physicians Join the CCH Team

Despite some health human resource challenges, CCH successfully recruited several new, multi-disciplinary physicians in 2022-2023. Notably, the hospital's surgical services welcomed Dr. John Godbout (anesthesiologist), Dr. Ahmed Asholi (ophthalmologist) and Dr. Sarah Schmid (general surgeon). CCH also welcomed Dr. Olusola Sogbein and Dr. Stephanie Beckett to its hospitalist team, as well as psychiatrist Dr. John Moise to the Inpatient Mental Health Unit. Together they will work towards enhancing access to care for our community and uphold the hospital's vision of providing Exceptional Care. Always.

Clinical Extern Program Lends a Helping Hand

CCH launched an all-new Clinical Extern Program in March 2023 in which local healthcare students provide direct care to patients under the mentorship and supervision of registered staff. While CCH offers student internships and residency programs, the clinical extern program provides an opportunity for healthcare students to work at the hospital outside of their school's graduation requirements. Externs will help the nursing staff by offering an extra set of hands while providing students with valuable experience and preparation for full-time employment once they graduate. Externs are currently working in the hospital's Acute Medicine Unit and soon the Critical Care Unit and Emergency Department.

Summer Baby Boom Recorded at CCH

The summer of 2022 saw the hospital's Women and Children's Health Department deliver its highest number of babies in more than 5 years. In total, more than 200 babies were born from June to September, an 11% increase from 2021. More babies were also delivered by midwives at CCH last summer than ever before, a testament to the hospital's commitment to collaborating and providing exceptional peoplecentered care. According to Kristen Ezard, who delivered all three of her children at CCH including her daughter Nori in September 2022, "no matter how many babies were being delivered or how busy they were that day, I was made to feel like I was the only one there. The staff were extremely attentive to my needs and seemed genuinely excited for the birth of my daughter, Nori. It's why I've delivered all 3 of my children at the Cornwall Hospital; I knew I'd be in good hands."









PEOPLE



CCH Partners with Cornwall Police to Advance EDI

A partnership between the Cornwall Police Service (CPS) and CCH saw both community organizations work together last year to take measurable positive action in promoting Equity, Diversity and Inclusivity (EDI) through the recruitment of a new EDI Coordinator. This shared staff resource between CPS and CCH, two of our community's largest essential public service providers, is providing strategic guidance on EDI and is helping to implement initiatives within both organizations, such as training, projects and outreach, to support the advancement of EDI in their respective workplaces and interactions with the public.

Wellness Committee Formalized

In 2022-2023, CCH formalized the development of a Wellness Committee made up of a variety of CCH team members, from frontline to administrative, to help identify areas of need and implement various wellness initiatives to address these needs.

Land Acknowledgement Unveiled

Working with the Mohawk Council of Akwesasne, CCH unveiled a Land Acknowledgement which formally recognizes that the hospital is located on the traditional lands of the Mohawks of Akwesasne and their ancestors. The Land Acknowledgement is now a standing agenda item during many CCH corporate meetings, gatherings and events, and work is underway to display the acknowledgement in the hospital's main entrance.

People of CCH Celebrated at Recognition Events

Last year saw the return of many in-person staff and volunteer recognition events. In November 2022, the hospital's Staff Awards Ceremony marked its triumphant return as more than 75 staff and physicians were nominated by their peers for outstanding contributions to the success of our hospital and commitment to delivering exceptional care; and more than 300 people tuned in to watch the live ceremony hosted by President & CEO Jeanette Despatie and Board Chair Josée Payette.

Last year also saw the return of the hospital's Length of Service and Retirement Dinners; three separate galas were hosted over a three night span to honour those who retired or celebrated a length of service milestone throughout the pandemic in 2020, 2021 and 2022. Likewise, hospital volunteers were celebrated at a summer social luncheon for their years of service and dedication to CCH.







INTEGRATION



Provincial Partnership Advances Organ Donation

Last year, CCH was recognized by Ontario Health (Trillium Gift of Life Network [TGLN]) for its outstanding contributions to organ and tissue donation in Ontario in 2021-22. CCH was presented with the Provincial Conversation Rate Award for reaching a conversion rate of 100%, which exceeds the target of 63% set by Ontario Health (TGLN). The conversion rate is the percentage of potential organ donors (patients who pass away in a hospital setting and are deemed medically suitable for donation) who went on to become actual donors. CCH has also received the Provincial Eligible Approach Rate Award for exceeding the provincial eligible approach rate target of 90% set by Ontario Health (TGLN), achieving 100% in 2021-2022. The Eligible Approach Rate award recognizes hospitals for demonstrating leading practices by facilitating a donation discussion with eligible patients/families of patients at end of life.

Making Strides with the Great River Ontario Health Team

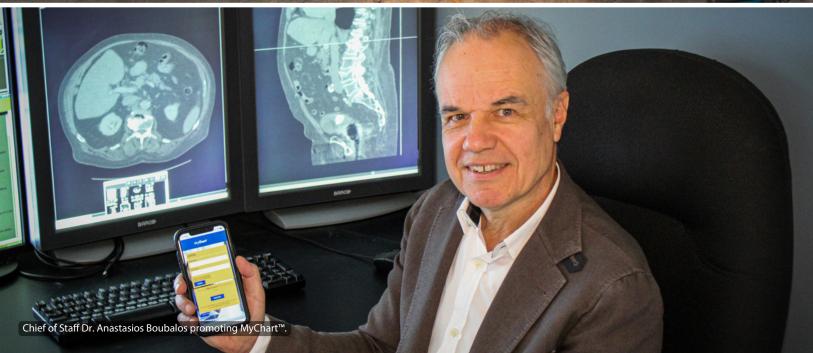
In 2022-2023, CCH continued to play an active leadership role in the development of the Great River Ontario Health Team (GROHT), which is comprised of over 30 healthcare providers from the regions of Cornwall, Akwesasne, Stormont, Dundas, Glengarry, Prescott-Russell and rural south-east Ottawa. In June 2022, following several months of engagement with stakeholders and partners, the name GROHT was selected due to its trilingual compatibility and geographical significance (Great River is translated from Kaniatarowanénhne, the Mohawk place name for the St. Lawrence River). Ontario Health Teams such as GROHT are being formed across the province by the Ministry of Health; their intent is to eventually provide better integrated care by breaking down barriers that may exist between healthcare providers and geographic areas.

CCH@Home Program Extending Care Beyond Hospital Walls

CCH partnered with Bayshore HealthCare Integrated Care Solutions to extend services beyond its hospital walls with the CCH@Home program. The CCH@Home program helps frail older adults transition safely out of hospital by providing up to 16 weeks of care in their homes delivered by an integrated Bayshore HealthCare team. CCH staff meet with eligible patients and families to discuss enrollment in the program, what to expect, and work with them in consultation with Bayshore staff to create a care plan identifying the specific services the individual may need at home, allowing for a seamless hospital discharge and home care experience. The program's goal is to help speed people's recovery and relieve hospital capacity challenges, specifically by supporting seniors at risk of becoming Alternate Level of Care patients (those occupying an acute care hospital bed while not acutely ill) but still requiring additional support.







INTEGRATION



Exchanging Digital Health Information with LTC Homes

In March 2023, CCH began contributing to the Ontario eHub Health Information Exchange program. This means the hospital's Electronic Health Record (EHR) is now exchanging information with EHRs at various local Long-Term Care (LTC) homes and other care settings, providing instant access to patient information when that patient is discharged to their facility. This will help ensure a smoother discharge process and better patient health outcomes. CCH will also soon be able to access patient information from partner hospital EHRs and use it to fill in any gaps in its patient charts.

New Integrated Software Reducing Surgical Backlogs

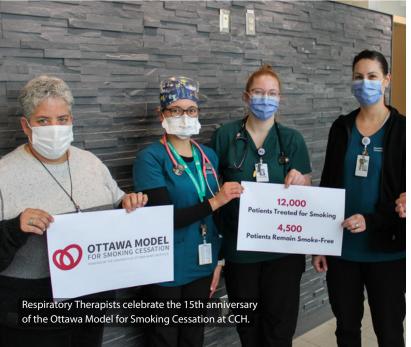
An innovative first-in-Ontario surgical waitlist HUB, built by Novari Health, was announced in November 2022 to consolidate patients waiting for surgery into a real-time regional wait list system using interactive mapping and analytics tools. All regional hospitals that perform adult surgeries, including CCH, are included in the Champlain Centralized Regional Surgical Waitlist Management "HUB" initiative. The HUB, which will improve the coordination of surgical services between hospitals in Eastern Ontario, means patients may be able to receive their surgery sooner at a different hospital. The software, in collaboration with hospitals across the region – will integrate with existing hospital IT systems to gain an overall picture of backlogs, speed up wait times and help identify bottlenecks at various stages of the surgical process.

MyChart™ at CCH Surpasses 20,000 Users

In August 2022, CCH celebrated the milestone of surpassing 20,000 users registered for MyChart[™], a free online service that allows CCH patients to remotely view, manage and share their hospital medical records using a computer, laptop, smartphone or tablet. Developed by Sunnybrook Health Sciences Centre in Toronto, MyChart[™] is also used by over 50 other hospitals throughout Ontario as a means of providing patients with greater access to their health information. With MyChart[™], patients at CCH can remotely view clinical information, diagnostic imaging results, doctors' notes, and bloodwork results from any lab in Ontario. MyChart[™] also provides the ability to record share, meaning health information can be shared by patients with their families, caregivers and care teams.

According to CCH MyChart™ user Maureen: "MyChart™ provides me with access to my clinical records at home or wherever I am. Having the ability to view my records prevents calls and visits to my primary care provider's office and allows me to share access of my test results with my family."







INTEGRATION



Partnership Helping Thousands of Patients Quit Smoking

Earlier this year, CCH celebrated 15 years of administering the University of Ottawa Heart Institute's Ottawa Model for Smoking Cessation (OMSC) program. This OMSC systematically identifies, provides treatment, and offers follow-up to CCH patients who smoke as part of routine care. Since the implementation of the OMSC at CCH in February of 2008, an impressive 12,000 smokers have been reached through personalized consultations and received best practice tobacco dependence treatment including nicotine replacement therapy. Today, an estimated 4,500 local patients are smoke-free as a result of the support they received through the OMSC while at CCH.

Satellite Dialysis Clinic at CCH Celebrated 20 Years in 2022

The Dialysis Clinic at CCH, a satellite location of The Ottawa Hospital's Dialysis Department, first opened its doors to patients in September 2002. Today, the Dialysis Clinic at CCH administers nearly 10,000 treatments every year to approximately 30 patients each day, 6 days a week; and a kidney doctor from The Ottawa Hospital visits twice a week to support the team and assess patients. Before the opening of the clinic, local patients had to travel to Ottawa for treatment or to be assessed by a kidney doctor. Tobias, a local dialysis patient from Akwesasne, recalls when he needed to travel to Ottawa for treatments. "It made for an extremely long day because I would leave at 6:00 am and get home at 6:00 pm, and I would have to do that a few times a week. I am much happier coming to Cornwall for treatment instead, and the staff take good care of me." Some changes to the clinic over the years have included renovating the unit as part of the hospital's redevelopment project in 2014 and adding additional capacity to enhance access.

Enhancement of Intensive Services for Children and Youth

In response to the closure of mental health beds in our community, The Strive Program was developed collaboratively with CCH Child and Youth Mental Health Services, Laurencrest Youth Services Inc., and L'Équipe psycho-sociale. The Program provides specialized and intensive services to children and youth with complex needs, and their families in Stormont, Dundas, and Glengarry. The aim is to improve the child or youth's well-being and family functioning in a home and community-based service delivery.

Reducing Provincial Wait Times with One Stop Talk

The One Stop Talk/Parlons maintenant (OST/PM) is a virtual platform that allows clients to connect from anywhere in Ontario and get evidence-based, solution-focused brief mental health services. Two staff members from CCH Child and Youth Mental Health Services have been trained and are providing 6 hours in total per week of virtual counselling support to OST/PM.

BECAUSE YOU CARE: A landmark year for CCHF and our community

On behalf of Cornwall Community Hospital Foundation's Board and staff, we are pleased to once again recognize the incredible support provided to us by donors like you. Each charitable gift we receive, no matter the occasion or amount, is meaningful. Your donations allow us to help fund essential medical equipment, training, and other services that our healthcare workers need to serve local patients.

Since the last Annual Report, many things have changed, including the ways our Hospital Foundation is able to engage with you, our community. After a three-year hiatus due to COVID restrictions, it was a joy to present our new in-person fundraising event, Dancing with the CCH Stars. We are so proud of the healthcare professionals who courageously traded in their scrubs for dance attire, training for five months on top of their rigorous schedules and helping us fundraise in the name of exceptional care. And we are grateful to all of you who donated to them, sponsored our event, and attended the festivities. Because you care, together we raised \$125,000 and, thanks to popular demand, we look forward to seeing you back onstage next year!

As we look back with gratitude on our 2022-23 fiscal year, it's important to recognize an estate that will change the course of our organization's history. Born in 1918 and 1923, raised on a farm in Finch, and established in Cornwall until their deaths in 2019 and 2021, Minnie and Rhoda Bartle lived modest lives, but their legacy will strengthen the good health of our community. With Rhoda's passing, Cornwall Community Hospital Foundation recently became the primary beneficiary of their estates, with a landmark gift of \$2.5 million dedicated to the future of local patient care.

A teacher at Cornwall's Central Public School, Rhoda lived a quiet life in Dover Heights with Minnie, a typist and talented painter. Members of Trinity Anglican Church, the sisters valued compassion and community, making regular donations to CCHF over the course of their lives. No one expected the sisters to leave the largest one-time estate received by the Foundation since its inception in 2004.

The impact of the Bartle legacy represents an incredible opportunity for the Foundation to support CCH. We look forward to further updating our community, but are pleased to share overarching plans for the estate:

• On the horizon: a new CT scan – a million dollars will be allocated to the future purchase of a new CT scan machine. Offering local CT scans is a crucial service, providing diagnostic imaging that can change and save local lives. From the Emergency Department to units across CCH, patients rely on this essential equipment, and the current machine is nearing the end of its lifespan. Not covered by government funding, CCHF can now afford to fund a new machine thanks to Rhoda and Minnie's philanthropy.



- <u>CCHF Forever</u> a million dollars will establish a charitable reserve fund, allowing the Foundation to build more resources supporting CCH's needs into the future. State-of-the-art medical equipment is exceptionally expensive, costs continue to grow, and most machinery is not government funded. Over time, other donors may contribute to the reserve fund, helping CCHF further enable exceptional care.
- <u>Support for Mental Health Services</u> two hundred thousand dollars will be allocated between CCH's Assertive Community Treatment Team (ACTT), a mobile program for individuals who experience serious mental illness and require ongoing intensive treatment, and St. Denis Centre, a 16-bed supportive addiction treatment facility for men aged 18 and over, run by CCH.

Estates take time, require strong attention to detail, a myriad of executor responsibilities, and exceptional support from legal and financial teams. Additional allocations will be made when final estate residuals are received by CCHF.

"The Bartle sisters always supported the Hospital Foundation, and Rhoda and I often spoke about our appreciation of doctors, nurses, and other healthcare professionals who provide compassionate care," said Sandra Copeland-Herrington, executor of the estate. "Having been a caregiver and working in pastoral care for many years, I'm inspired by Rhoda and Minnie's gift and know it will help improve our hospital for generations to come."

Like Sandra, we are inspired by Rhoda and Minnie's legacy, and the generosity of everyone who donates to CCHF, with the knowledge that our efforts help enable exceptional care for our community.

Stephanie Gibson, Board Chair, CCHF

Amy Gillespie, Executive Director, CCHF



