

FACT SHEET

Geriatric Day HospitalNEW LOCATIONCornwall Community Hospital
Fourth Floor EastTelephone:
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Cornwall, OntarioFax:
613-936-4682

- The Geriatric Day Hospital is a client centered, collaborative and rehabilitation focused program for seniors who require interdisciplinary professional care with a focus on **fall prevention** and **cognition**.
- Referrals accepted from Family Physicians, Health Care Professionals and Community Agencies. They can be faxed directly to us. (ER physicians may request a GEM assessment).
- The team includes a nurse practitioner, a physiotherapist, an occupational therapist & a mental health counselor.
- Clients must be 65 years of age and older, willing and able to participate in a group setting 2 mornings a week for 10 weeks, able to manage their own continence, medically stable enough to participate in an exercise program and require the services of at least two of our disciplines.
- Our target population includes people who are at risk for falls, decreased function, memory/mood issues, isolation, safety concerns and or general deconditioning.
- Through individual and group reconditioning, we strive to support the person in the community by promoting healthy living, achieve/maintain a level of independence, provide physical and cognitive exercise, encourage socialization, provide support and education and address medical, functional and social issues.