



Do you, or someone you know, have concerns regarding any of the following:

- Falling
- Decreased general mobility
- Understanding medications
- Preparing meals
- Driving Safely
- Dressing and bathing
- Safety at home
- Living arrangements
- Mood
- Memory
- Loneliness, isolation
- Maintaining social contacts
- Physical activity

....We can help!

The Geriatric Day Hospital is a program for seniors who require interdisciplinary professional care. Our team includes a nurse practitioner, physiotherapist, occupational therapist & mental health counselor who work closely with you to:

- Promote healthy living
- Achieve /maintain a level of independence
- Provide PHYSICAL and COGNITIVE exercise
- Encourage socialization
- Provide support and education
- Address medical, functional & social issues

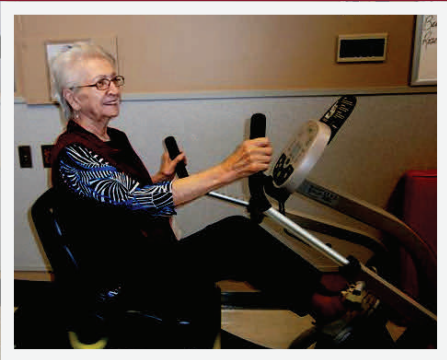
Our Goal is to promote your health, independence and safety in order to help you remain in your home as long as possible and to help improve the quality of your life.

What should I know?

The Geriatric Day Hospital is a client centered, collaborative and rehabilitation focused program.

Through individual and group rehabilitation, our goal is to support the person in the community, to be safe, happy and as functional as they can be.

We are located on level 4 east, Room 4419, at the Cornwall Community Hospital's McConnell Avenue site.



Who would benefit?

The Geriatric Day Hospital is a voluntary service for those 65 years or older.

To optimize the experience at the Geriatric Day Hospital, persons should be able to actively participate, engage and benefit from a time limited, goal oriented program that focuses on attaining optimal physical, mental, social and cognitive health.

Persons must also be willing to function as a member of a group in physical, cognitive and educational activities.

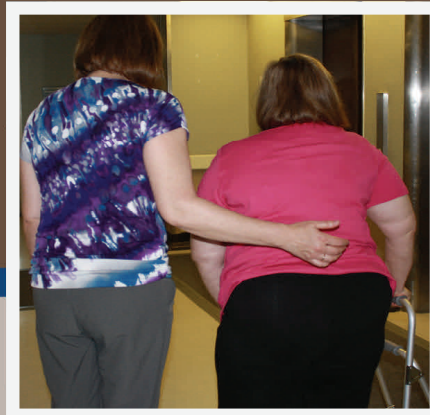
Programs are offered:

Tuesday and Thursday mornings

From 9:00 a.m. to 11:30 a.m.

For further information please contact 613-932-3300 ext.2041

geriatrics@cornwallhospital.ca



Problem or concern?

We welcome your feedback. Hearing from patients and families is the best way to improve the care and services we provide. Please feel free to contact the Director of the department at 613-938-4240 extension 4491.



840, avenue McConnell Avenue, Cornwall, ON K6H 5S5

www.cornwallhospital.ca

Revised: Dec. 2014
Disponible en français



Cornwall Community Hospital
Hôpital communautaire de Cornwall



GERIATRIC DAY HOSPITAL



Program for seniors

Level 4, Room 4419

840 McConnell Ave.